

## SKILL UP

**STORY** 

**IN SHORT** 

Skill UP – Entrepreneur and professional soft-skills workshops.

The University of Porto, within the EIT Health Programme, launched, this July a series of workshops in business and professional development.

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The Skill UP workshops aim to train students, researchers and entrepreneurs in entrepreneurship soft-skills and professional empowerment. They are free of charge and take place monthly.

**EIT HEALTH PORTO** 

Skilup

Workshops mensais
em empreendedorismo
e capacitação profissional

During these workshops, participants learned about the different stages of creating a start-up, how to build a successful business model, regulatory affairs, funds, etc., but they also learned to develop their professional skills, such as time management, leadership, creative processes, communication, and much more.

Targeted at university students, researchers and entrepreneurs, these sessions aimed to promote health innovation in the region.

There were four workshops happening in July online:

- How to start a journey in entrepreneurship | Alexandre Mendes
- CriAtivaMentes (criativity and creative processes) | Joana Moreira
- · A strategic look into successful startup operations | Pedro Peixoto
- Leaderships: Managing teams and strategic vision | (tbd)

**IN FOCUS** 























Inspiration, sources, credits

EIT Health, Porto

https://www.porto4ageing.up.pt/eithealth-porto-workshopsskillup/?doing\_wp\_cron=1661185796.41 98069572448730468750

https://www.up.pt/eithealth/events/skillup /?doing\_wp\_cron=1661185876.6924269 199371337890625

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